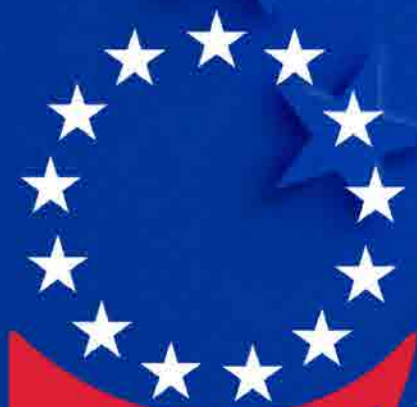


DAILY SCHEDULE



76

M

7:45 AM Staff Arrival: DIR, DC, ADMIN

8:15 AM Staff Meeting
Early Player Arrival

8:45 AM Player Arrival

9:00 AM Daily Meeting
Staff Introduction
Character Development Intro
Team Assignments/Intros

9:30 AM Stretching & Warm-Up

9:45 AM Skill Development Stations
* Ball Handling: Maravich Series
* Passing & Receiving: Basic Passes
* Shooting: Form

10:30 AM Water/Sanitizing/Snack Break

10:45 AM 3-on-3 Half Court

11:30 AM Lunch (Rookies)
Team Defense (Sophs & Vets)

12:00 PM Lunch (Sophs)
Team Offense (Rookies & Vets)

12:30 PM Lunch (Vets)
Team Defense (Rookies)
Team Offense (Vets)

1:00 PM Afternoon Meeting

1:15 PM Jr. 76ers Skills Challenge: Dribbling

1:45 PM Water/Sanitizing/Snack Break

2:00 PM League Games (5-on-5)

2:40 PM Cleanup/End of Day Meeting

3:00 PM Player Pick-Up & Staff Meeting

PLAYER GIFT: JERSEYS (AM)

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T U E S D A Y

8:00 AM	Staff Arrival: DIR, DC, ADMIN
8:15 AM	Staff Meeting Early Player Arrival
8:45 AM	Player Arrival
9:00 AM	Daily Meeting Character Development Intro
9:15 AM	Team Attendance
9:30 AM	Stretching & Warm-Up
9:45 AM	Skill Development Stations * Rebounding: Boxing Out * Screens & Cuts: Basic Cuts * Footwork: Ready Position
10:30 AM	Water/Sanitizing/Snack Break
10:45 AM	4-on-4 Half Court
11:30 AM	Lunch (Rookies) Team Defense (Sophs & Vets)
12:00 PM	Lunch (Sophs) Team Offense (Rookies & Vets)
12:30 PM	Lunch (Vets) Team Defense (Rookies) Team Offense (Sophs)
1:00 PM	Afternoon Meeting
1:15 PM	Jr. 76ers Skills Challenge: Shooting
1:45 PM	Water/Sanitizing/Snack Break
2:00 PM	League Games (5-on-5)
2:40 PM	Cleanup/End of Day Meeting
3:00 PM	Player Pick-Up & Staff Meeting

PLAYER GIFT: HEADBANDS

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8:00 AM	Staff Arrival: DIR, DC, ADMIN
8:15 AM	Staff Meeting Early Player Arrival
8:45 AM	Player Arrival
9:00 AM	Daily Meeting Character Development Intro
9:15 AM	Team Attendance
9:30 AM	Stretching & Warm-Up
9:45 AM	Skill Development Stations * Ball Handling: Six Dribbles * Passing & Receiving: Pass & Pivot * Shooting: Mikan Drills
10:30 AM	Water/Sanitizing/Snack Break
10:45 AM	3-on-3 Half Court
11:30 AM	Lunch (Rookies) Team Defense (Sophs & Vets)
12:00 PM	Lunch (Sophs) Team Offense (Rookies & Vets)
12:30 PM	Lunch (Vets) Team Defense (Rookies) Team Offense (Sophs)
1:00 PM	Afternoon Meeting
1:15 PM	Jr. 76ers Skills Challenge: Lay-Ups
1:45 PM	Water/Sanitizing/Snack Break
2:00 PM	League Games (5-on-5)
2:40 PM	Cleanup/End of Day Meeting
3:00 PM	Player Pick-Up & Staff Meeting

PLAYER GIFT: MAGNET

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8:00 AM	Staff Arrival: DIR, DC, ADMIN
8:15 AM	Staff Meeting Early Player Arrival
8:45 AM	Player Arrival
9:00 AM	Daily Meeting Character Development Intro
9:15 AM	Team Attendance
9:30 AM	Stretching & Warm-Up
9:45 AM	Skill Development Stations * Rebounding: Team Rebound * Screens & Cuts: Setting a Screen * Footwork: Jump Stop
10:30 AM	Water/Sanitizing/Snack Break
10:45 AM	4-on-4 Half Court
11:30 AM	Lunch (Rookies) Team Defense (Sophs & Vets)
12:00 PM	Lunch (Sophs) Team Offense (Rookies & Vets)
12:30 PM	Lunch (Vets) Team Defense (Rookies) Team Offense (Sophs)
1:00 PM	Afternoon Meeting
1:15 PM	Jr. 76ers Skills Challenge: Hot Shot
1:45 PM	Water/Sanitizing/Snack Break
2:00 PM	League Games (5-on-5)
2:40 PM	Cleanup/End of Day Meeting
3:00 PM	Player Pick-Up & Staff Meeting

PLAYER GIFT: SUNGLASSES

F R I D A Y

8:00 AM	Staff Arrival: DIR, DC, ADMIN
8:15 AM	Staff Meeting Early Player Arrival
8:45 AM	Player Arrival
9:00 AM	Daily Meeting Character Development Intro
9:15 AM	Team Attendance
9:30 AM	Stretching & Warm-Up
9:45 AM	Skill Development Stations * Ball Handling: 2 Ball Drills * Passing & Receiving: Pass & Cut * Shooting: Team Shooting
10:30 AM	Water/Sanitizing/Snack Break
10:45 AM	3-on-3 Half Court
11:30 AM	Lunch (Rookies) Team Defense (Sophs & Vets)
12:00 PM	Lunch (Sophs) Team Offense (Rookies & Vets)
12:30 PM	Lunch (Vets) Team Defense (Rookies) Team Offense (Sophs)
1:00 PM	Afternoon Meeting
1:15 PM	League Games (5-on-5)
2:00 PM	Water/Sanitizing/Snack Break
2:15 PM	Closing Ceremonies
2:40 PM	Cleanup/End of Day Meeting
3:00 PM	Player Pick-Up & Staff Meeting

PLAYER GIFT: PLAYER CONTRACT